ADENDUM TO THE GUIDELINES ON FOREIGN TRAINED NURSES EXAMINATIONS

Course Content for Paper II in General Nursing

The content of this paper comprises Psychiatric Nursing, Obstetric Nursing and Public Health Nursing. Disease conditions listed should be studied under the following headings: Causes Predisposing factors, Clinical features, Complications, Treatment, Nursing Management and Prevention.

A. PSYCHIATRIC NURSING

1. Promotion and maintenance of mental health

2. Neuroses
   a. Anxiety Neurosis
   b. Phobic States
   c. Hysterical Reactions
   d. Obsessive – Compulsive Reaction
   e. Neurotic Depression
   f. Hypochondriasis

3. Psychoses
   a. Functional Psychoses – Schizophrenia depression, manic – depression illness
      Puerperal Psychoses, post partum blues
   b. Organic Psychoses – delirium dementias (senile and pre senile types), epilepsy.
   c. Substance abuse.
   d. Behaviour disorders
   e. Mental subnormality
   f. Psychosomatic disorders

B. OBSTETRIC NURSING

1. Parts and functions of the male and female reproductive organs.

2. Lactation

3. Normal Pregnancy
   a. Physiological changes during pregnancy in the various body systems.
   b. Minor disorders of pregnancy.

4. Antenatal Care
   a. Aims and benefits
   b. Standard schedule for antenatal visits
5. Health Education
   a. Nutrition
   b. Personal and environmental health
   c. Danger signs of pregnancy
   d. Immunization
   e. Malaria prophylaxis (IPT)
   f. Family Planning
   g. Rest and work
   h. Breast feeding
   i. Care of the body

6. Immediate care of the newborn: resuscitation of the newborn

7. Postnatal care
   a. Management of the puerperium
   b. Immediate care of the mother (first six hours)
   c. Postnatal clinic visits
   d. Minor disorders of the puerperium
      i. After pains
      ii. Breast engorgement
      iii. Insomnia
      iv. Fatigue

8. Specific Obstetric Emergencies
   a. Early pregnancy
      Ectopic pregnancy

   b. Late pregnancy
      i. Ante partum haemorrhag
      ii. Pregnancy Induced hypertension
      iii. Eclampsia

   c. Labour
      i. Post Partum haemorrhage
      ii. Shock
C. PUBLIC HEALTH NURSING

1. Reproductive and child health
   a. Total Family Care
   b. Home supervision of families with different health needs – mental, physical and social.
   c. Needs of the disabled family and the aged.

2. Cold Chain and Immunization.

3. Home visiting – types, preparation, techniques

4. School Health Services
   a. Components
   b. Team members and their roles.

5. Occupational Health Hazards in Ghana – Physical, Environmental, Protective Clothing.
   a. Role of the nurse in occupational health
   b. Occupational health team
   c. Health promotion in occupational health

6. Primary Health Care
   a. Concept of primary health care
   b. Community – based health planning and services (CHPS)
     i. Community diagnosis – assessment of health needs of individuals and the community.
     ii. CHPS Services

7. The role of the general nurse in Public Health Nursing.

8. Integrated Diseases Surveillance and Response (IDSR)
   a. Concept
   b. Components
LIST OF RECOMMENDED TEXTBOOKS

OBSTETRIC NURSING

1. Adams M., Bailliere’s Midwives Dictionary
   London: Bailliere Tindall


PSYCHIATRIC NURSING

1. Alrschul A, Psychiatric Nursing; London: Bailliere Tindall


PUBLIC HEALTH NURSING

1. Bradley M.F., Community Health for the Student Nurse London : Bailliere Tindall

